

# Has Anyone Ever Given You the Gift of Silence?

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## HUNGRY SOULS Annual Advent Women's Retreat of Silence, December 4-5, 2007.

Every year at the start of the new church calendar  
(Advent, the four weeks before Christmas),  
Hungry Souls provides a guided experience in silence.

*This is a beginning in time,  
A time to be still, to quiet your busy soul  
24 hours to turn your heart toward God,  
Time enough to receive the gift of simply being in touch with yourself.*

*Have you ever given you the gift of*  
**SILENCE**  
*to yourself?*

We find that this holy time away in a retreat center can make the whole season between Advent 1 and Epiphany (January 6) a time of centering, of restoration and renewal.

Sibyl Towner, Director of Mentoring Ministries at Willow Creek Church in Barrington and Valerie Bell, author the recently released *An African Awakening: My Journey Into AIDS Activism*, will be retreat leaders (Karen Mains will be their backup staff!).

Cost is \$95; checks can be made out to Hungry Souls and mailed to Melodee Cook,  
18N184 Hidden Hills Trail, West Dundee, IL 60118.

To register, contact Melodee Cook at [cook2210@aol.com](mailto:cook2210@aol.com) or phone Susan at 630.293.4500.

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We will gather again at Bishop Lane Retreat Center in Rockford, IL.  
Directions and details will be given upon registration.

**Have you ever given**  
the Gift of Silence  
**to someone else?**